

Coronavirus disease (COVID-19)

Advice for Victorians

✦ If you were in mainland China on or after 1 February 2020, or in Hubei Province, China at any time

- stay home (self-isolate)
- avoid public settings.

Do this for **14 days** after landing in Australia (other than when seeking medical care).

✦ If you have been in close contact with someone who has novel coronavirus

- stay at home
- avoid public settings for **14 days** after you last came in to contact with them.

✦ If you have fever, or cough, sore throat or have trouble breathing

- seek medical treatment immediately.

✦ If you need medical treatment

- call before you go and explain that you have recently been in mainland China.

✦ If you are concerned, call the Department of Health and Human Services

Coronavirus hotline 1800 675 398

Please keep Triple Zero (000) for emergencies only.

What else can you do?

- ✦ wash your hands regularly with soap and water
- ✦ cough into your elbow and sneeze into a tissue



Find out more

www.dhhs.vic.gov.au/information-public-novel-coronavirus